

Multileaf-collimator daily quality assurance of Vero4DRT system: Our one-year experience

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Original Article

Abstract

Purpose: We assessed the daily quality assurance (QA) of multi-leaf collimator (MLC) using the Vero4DRT system. **Methods:** As part of daily MLC QA, the irradiation field was set to $100 \times 150 \text{ mm}^2$ with a gantry angle of 0° . Only the leaf positioning error values only were displayed. We developed an in-house program to easily acquire these values using an open source optical character recognition engine. This test was implemented between 24 August 2015 and 23 August 2016. **Results:** The maximum leaf positioning error was 0.40 mm in both banks. In addition, the maximum deviation was 0.10 mm in both banks. The average and standard deviation for left and right banks were $0.19 \text{ mm} \pm 0.11 \text{ mm}$ and $0.15 \text{ mm} \pm 0.09 \text{ mm}$, respectively. In our one-year measurement, the leaf positioning error was less than 0.50 mm. Therefore, if the leaf position error for daily MLC QA exceeded 0.50 mm, then an external intervention is required. **Conclusion:** The daily MLC QA of our one-year evaluation of the Vero4DRT system demonstrates an excellent leaf accuracy and reproducibility, thereby giving confidence in the quality of the treatment.

Keywords: Multi-leaf collimator, Electronic portal image device, Quality assurance, Vero4DRT

1. Introduction

Quality assurance (QA) for multi-leaf collimator (MLC) plays an important role in treatment planning and dose delivery in intensity-modulated radiation therapy (IMRT) and volumetric-modulated radiotherapy (VMAT), because the variation between the planned and actual leaf positions can lead to incorrect dose distributions. The IMRT is typically categorized into dynamic MLC (DMLC) mode (referred to as sliding window)¹ and static MLC (SMLC) mode (referred to as step-and-shoot).² Several authors have studied for QA of MLC position in IMRT. The garden fence test is used to verify the stop position between the actual and planned MLC.^{3,4} The strip test devised by Chui et al. has been widely used to identify submillimeter leaf positioning errors.⁵ Several authors have been reported same test was performed with electronic portal image device (EPID) because it is time-consuming and analysis is costly with radiographic film.^{6,7}

The Vero4DRT is a unique image-guided radiotherapy system, consisting of an O-ring gantry that is designed to rotate $\pm 185^\circ$ around a patient and $\pm 60^\circ$ around its

vertical axis.^{8,9} As DMLC-IMRT and VMAT are unavailable in the current commercial version of Vero4DRT, the system should be operated in the SMLC-IMRT mode. From a mechanical perspective, it is mandatory to confirm the MLC position and perform isocenter verifications before clinical use. The report of the American Association of Physicists in Medicine (AAPM) Task Group (TG) 142¹⁰ is an update of AAPM TG 40¹¹, and has added recommendations for MLC QA that are integrated with the linear accelerator. Leaf positioning accuracy and the responsibility of MLC with daily QA have not been reported for Vero4DRT.

To perform the IMRT safely and accurately, the QA of MLC is clinically important. In this work, we report the results of our one-year daily MLC QA implementation on a Vero4DRT system.

2. Methods and Materials

The measurements were performed on a Vero4DRT system (Mitsubishi Heavy Industries (MHI), Ltd., Hiroshima, Japan, and BrainLAB, Feldkirchen, Germany).

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The MLC for Vero4DRT system is a single-focus type, has 30 pairs of 5-mm thick leaves at the isocenter, and produces a maximum field size of $150 \times 150 \text{ mm}^2$. Leakage between adjacent leaves is minimized to avoid tongue-and-groove effect. The leaf height and length are 110 and 260 mm, respectively. Each leaf end is circular, with a radius of curvature of 370 mm.¹² In the Vero4DRT system, a method of measuring the leaf positioning accuracy for daily QA is the irradiation of a known MLC position on an EPID. The EPID detector of Vero4DRT system has 1024×1024 pixels with a size of 0.18 mm. The irradiation field was set to $100 \times 150 \text{ mm}^2$ (Fig. 1) with a gantry angle of 0° . As part of the daily QA, the leaf positioning accuracy and reproducibility are estimated using a water-equivalent cube phantom ($130 \times 130 \times 130 \text{ mm}^3$) with a 10-mm diameter steel ball fixed to the center of the phantom. The QA procedures have been implemented to assure proper functioning of the MLCs

and can be easily performed in a clinical environment. The Sobel filter is used to detect the edge of the leaf and its peak value position, which corresponds to the half value of penumbra. Knowing both the isocenter and pixel size, the absolute position of the leaves can be calculated from the isocenter position. The measured leaf positions were compared against the nominal ones. This information was obtained by personal communication with the MHI on the algorithm of leaf positioning detection. The leaf positioning error values were only displayed. We developed an in-house program to easily acquire these values using an open source optical character recognition engine (Tesseract version 3.00; developed at Hewlett Packard and now partially funded by Google).¹³ We assessed the leaf positioning accuracy of daily QA between 24 August 2015 and 23 August 2016 (except for weekends and holidays).

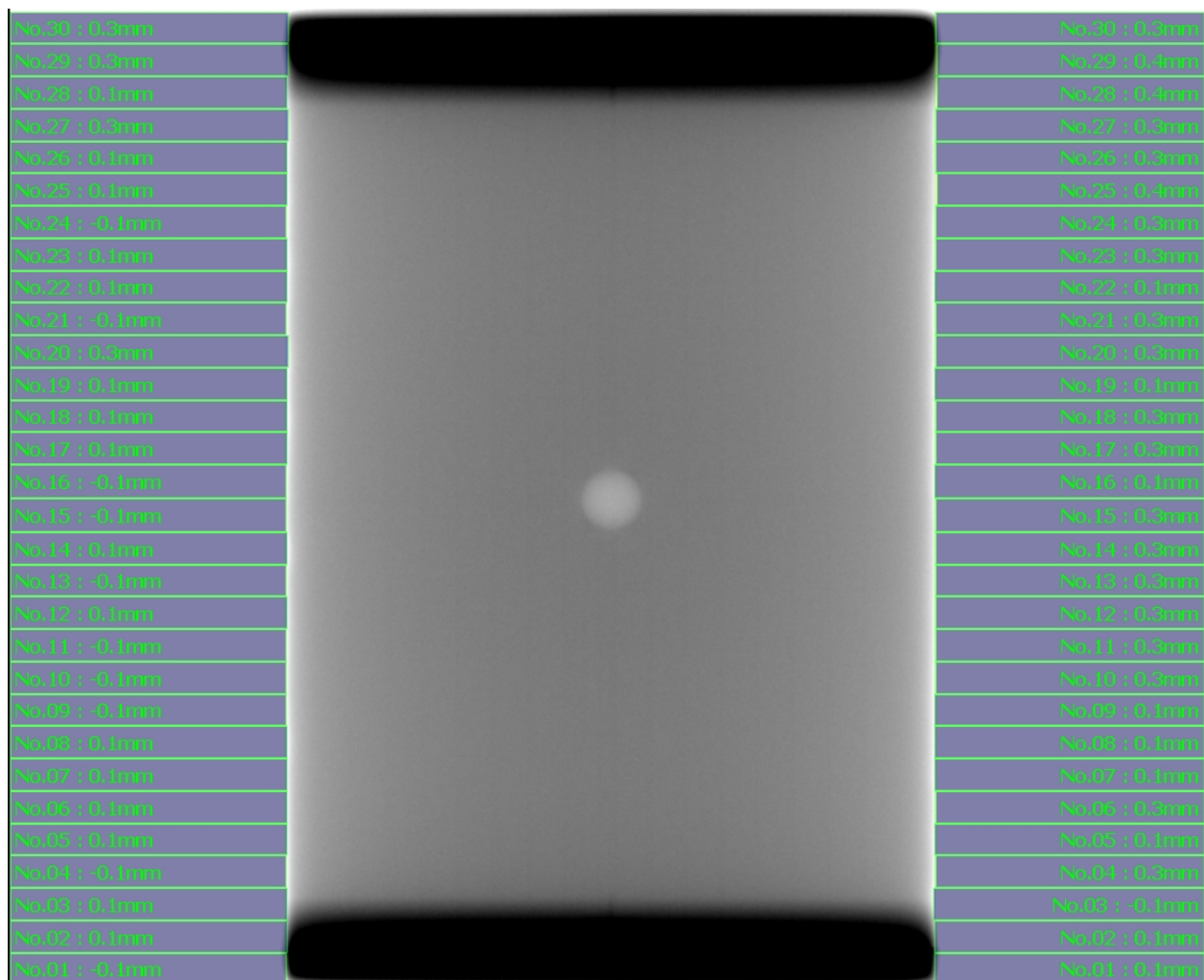


Figure 1: Screenshot of the MLC daily QA result that can automatically detect the edge of the leaf.

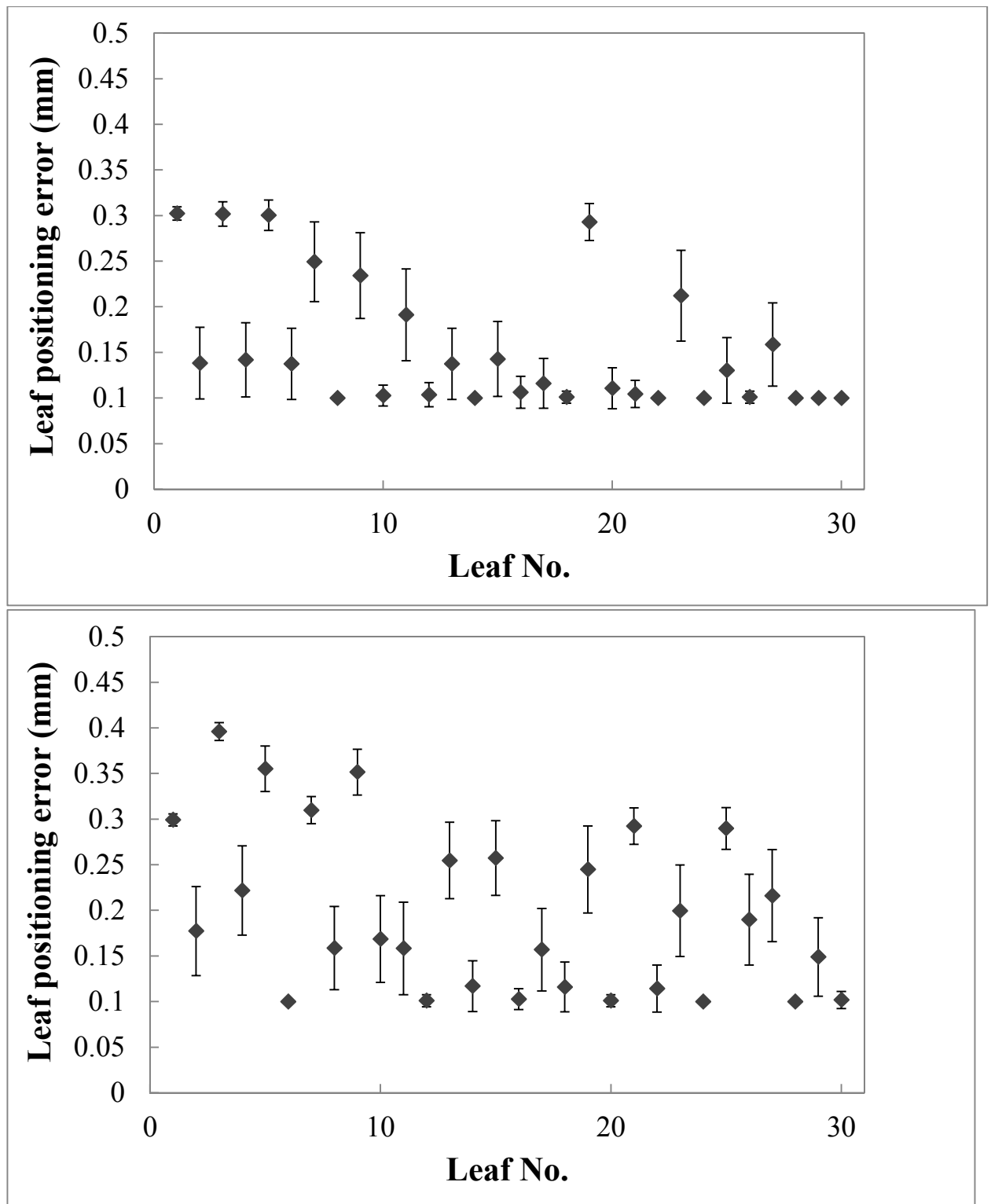


Figure 2: Accuracy and reproducibility for (a) left and (b) right banks measured as the average and standard deviation of the absolute positioning leaf error over 12-month measurements on each leaf. The error bars for each leaf correspond to the standard deviation.

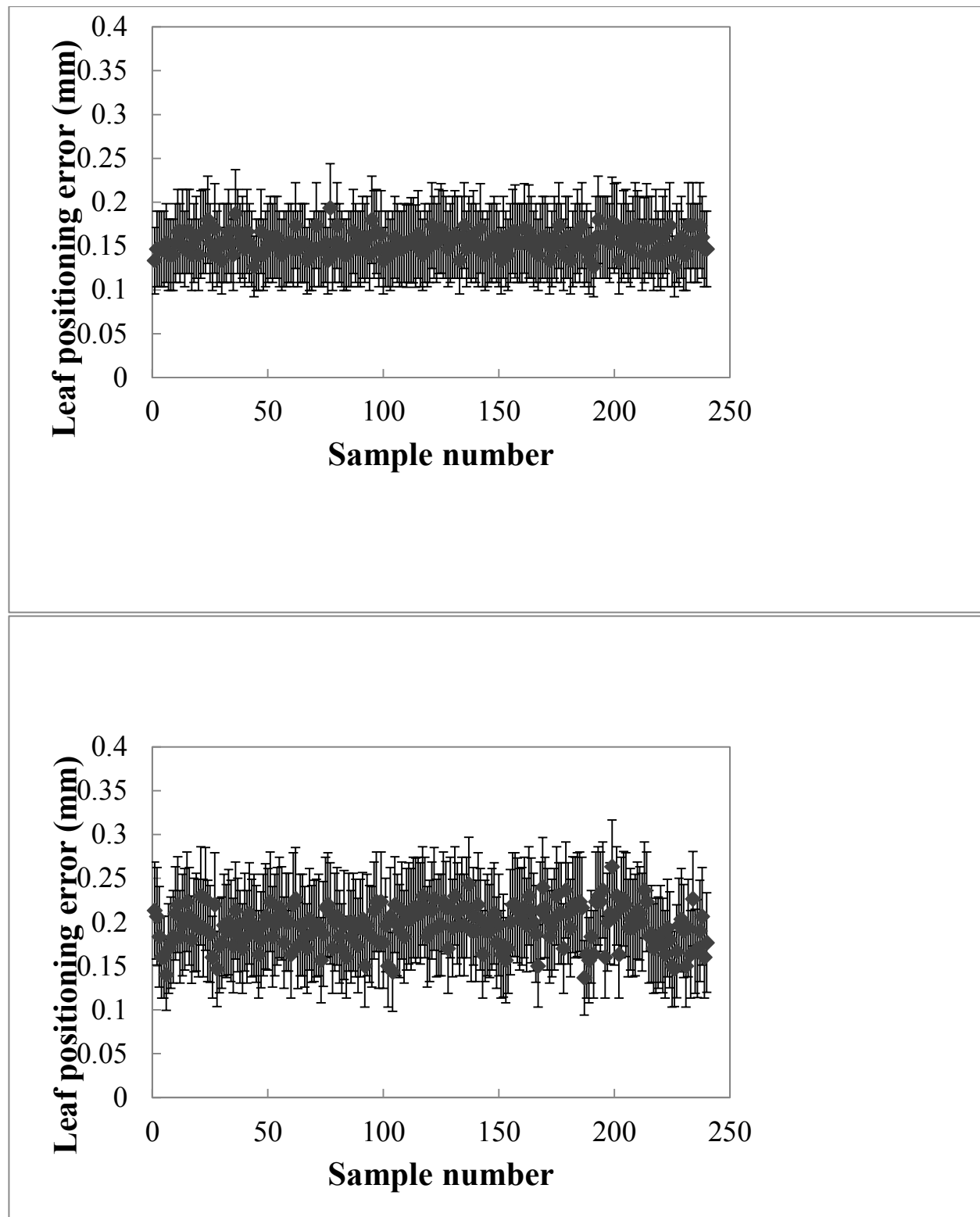


Figure 3: Average and standard deviation of the absolute leaf positioning error for (a) left and (b) right banks over a period of 12 months. The error bars for each measurement correspond to the standard deviation.

3. Results

The leaf positioning accuracy and reproducibility were calculated as the average and standard deviation of absolute values during 12 months and are shown in Figure 2. The maximum leaf positioning error was 0.40 mm in both banks during 12 months. In addition, the maximum deviation was 0.10 mm in both banks during the same period. Figure 3 shows the average and standard deviation of the absolute values of the left and right banks each day. The average and standard deviation for left and right banks were $0.19 \text{ mm} \pm 0.11 \text{ mm}$ and $0.15 \text{ mm} \pm 0.09 \text{ mm}$, respectively. The average difference between the leaf positioning errors in the left and right banks was less than 0.04 mm. It was found that the MLC positioning errors in the left and right banks were almost the same every day.

4. Discussion

We reported the analysis of leaf position errors for daily QA using an EPID. Variation between the planned and actual leaf positions is lead to different amounts of dose discrepancy. Palta *et al.*¹⁴ recommended that the tolerance limit of leaf position for SMLC should be within 1.00 mm. In our study, the average and standard deviation for all leaves were $0.17 \text{ mm} \pm 0.10 \text{ mm}$ and the maximum positioning error was 0.40 mm, which are within the tolerance limit. The results of the leaf positioning error indicate that the Vero4DRT system is able to deliver a highly accurate IMRT treatment over a period of one year.

Nakamura *et al.*¹² reported that the mean \pm standard deviation of the difference was $0.00 \pm 0.10 \text{ mm}$, ranging from -0.30 mm to 0.20 mm on the leaf position accuracy testing film for Vero4DRT system at the gantry angle of 90° with pan rotational angle of 2.5° . Their reported results were obtained with only one measurement at the time of commissioning. Our long-term leaf positioning accuracy and reproducibility test for the Vero4DRT system showed no drift in positioning with time during our one-year measurement. The results presented in this study are specific to the MLC of Vero4DRT system. Regarding other manufacturers, such as Varian, ELEKTA, and SIEMENS, LoSasso *et al.*¹ reported that the assessment of leaf precision using alternating dynamic and static fields showed that the leaf precision was about 0.25 mm. Parent *et al.*¹⁵ reported that the maximum positional difference for a given leaf was 1.0 mm and the average maximum difference was 0.10 mm, and Bayouth *et al.*¹⁶ reported nine separate leaf reproducibility studies over a 90-day period that evaluated 600 measurement points on each film showing 0.30 mm precision for 95% confidence interval.

These reports are the result of relatively short-term studies. We can assess the leaf position and accuracy every day, as daily MLC QA for the Vero4DRT is mandatory and is not time-consuming. The MLC QA measurement results can be gradual changes as a result of the aging of the leaf motor. These patterns of failure must be considered when establishing a periodic QA program. In our one-year measurement, the leaf positioning error was within 0.50 mm. Therefore, if the leaf positioning error for daily MLC QA exceeded 0.50 mm, then an external intervention is required.

A limitation of this study is that it was only involved the measurement of two positions for each leaf (-5 and $+5 \text{ cm}$). Another limitation was only performed at a gantry angle of 0° . The load on the leaf motor due to the gravity of the leaf is well known.¹⁷ The picket fence test was performed at our department with an EPID at gantry angles of 0° , 90° , 180° , and 270° to account for several leaf positional errors due to the gravity effect for monthly QA.

5. Conclusion

The daily MLC QA of our one-year evaluation of the Vero4DRT system demonstrates an excellent leaf accuracy and reproducibility, thereby giving confidence in the quality of treatment.

Conflict of Interest

The authors declare that they have no conflicts of interest. The authors alone are responsible for the content and writing of the paper.

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